

# THEO MISTRAL

ITALIAN KITCHEN  
BY THEO RANDALL

## Lunch Menu for All-Inclusive Fun-mily Retreat

### ZUPPA AI CROSTACEI

Shellfish cream with crab ravioli

蟹肉雲吞海鮮忌廉湯

or

### INSALATA DI SPINACI

Baby spinach salad with Datterini tomatoes, caprino, parmesan,  
pine nuts and pumpkin chips

嫩菠菜沙律

意大利蕃茄、羊奶芝士、巴馬芝士、松子仁、南瓜脆片

or

### CARPACCIO DI MANZO

Thinly sliced black Angus beef with rocket, radicchio, walnut,  
Datterini tomatoes and parmesan

薄切安格斯生牛肉

火箭菜、菊苣、合桃、意大利蕃茄、巴馬芝士

### PAPPARDELLE AL RAGU DI MANZO PECORINO E ROSMARINO

Homemade pappardelle pasta with slow cooked beef in Chianti and  
San Marzano tomatoes, pecorino cheese and fresh rosemary

慢煮紅酒肉醬闊扁麵配蕃茄、芝士、露絲瑪莉香草

or

### SPIGOLA ALLA SCOZZESE

Pan roasted sea bass with garlic spinach and roasted potatoes

香煎意大利海鱸魚配香蒜菠菜及燒薯仔

or

### REGINA PIZZA

with tomato sauce, mozzarella cheese, basil, Parma ham, parmesan,  
Datterini tomatoes, rocket

蕃茄汁、水牛芝士、紫蘇、巴馬火腿、巴馬芝士、蕃茄、火箭菜薄餅

### CROSTATA DI LIMONI DI AMALFI

Homemade Amalfi lemon tart served with caramelize  
almond, crystalized lemon and sweet sour cream

自家製檸檬撻配肉桂及杏仁霜咸焦糖、雲呢拿醬

or

### TORTA MORBIDA AL CIOCCOLATO

Homemade gluten free soft chocolate cake served with  
mascarpone and vanilla cream, chocolate shave,  
crumble biscuit and crystalized orange

無麩質軟朱古力蛋糕

配水牛芝士及雲呢拿雪糕、朱古力條、碎餅乾及橙凍

or

### TORTA DI RICOTTA CON GELATO ALLA VANIGLIA

Homemade ricotta and sultanas cheese cake served with  
vanilla ice cream and red wine poached pear

自家製淡芝士蛋糕配紅酒梨

Coffee or tea

咖啡或茶